

**The extension needs of the elderly
(Retired model)**

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Abstract:

The objective of the research is to identify the guidance needs of pensioners and the differences in these needs according to the factors:

The gender (male-female) and the academic level and financial status of the pensioner.

The research is limited to the pensioners in Baghdad/ Karkh for the year 2017. And the research sample was a random sample of pensioners of (100) of males and females, (48) males and (52) females. And a measures of guidance need was used for this purpose that consists on (37) item distributed on (4) fields which are (psychological needs) and (social needs) and (health needs) and (economical needs). The results showed that the members of the sample are suffering from the guidance needs in all its four fields and that the psychological needs are in the first degree and the economic needs are in the second degree and then the health needs and after that the social needs. And didn't show statistical differences regarding the gender and academic level and financial status.

Key words: Need - Counseling need - Older persons.

The research recommended several recommendations:

1. Establishing departments for the social service and psychological consultancy in the retirement and social insurance dept. and hiring social specialists who graduated from the social service and psychological guidance colleges who are trained professionally to deal with pensioners issues in order to provide the consultancy service and the proper support for them and provide for their psychological and social needs.
2. Granting the pensioners special privileges in the entertainment and tourists facilities and the secondary services in society and granting them the proper discounts to encourage them to spend their free time in a productive way and granting them privileges that distinguished them from the other age categories.
3. Preparing them for the retirement in an early time by preparing programs and plans prior to retirement in order to use them to grant the pensioners the needed consultancy to adapt with the age level and retirement, and starting workshops for the

people close to the pensioners to prepare them psychologically and socially for the retirement period.

4. Establishing organizations to take care of the pensioners and scientific research centers that will conduct researches and studies about the elderly in general and the pensioners especially.

The research also recommended the following:

1. Making another study about the needs of the retired military men.
2. Making a comparative study between the needs of civilian and military men pensioners.
3. Making a study about the pensioners' needs and its relation with some factors such as: psychological security and the self-concept.

Theoretical importance:

That the elderly and care and attention to them as a repertoire of knowledge and historical memory. And take care of them socially, religiously and psychologically fulfilling the door because they need health support, psychological support, and a sense of unity and direction of social relations vacuum that they suffer, therefore, any study that can provide the scientific library with theoretical scientific results will be an important addition to the theory.

Applied importance:

Is based on the importance of older persons and retirees in particular as an important segment of society has a great advantage in the service of society. The issue of older persons a global issue, a multifaceted humanitarian and social issues and aspects that have imposed themselves at the present time on all societies to a different degree of progress and advancement are an increasingly important issue over time.

The United Nations Organization has been concerned with the needs and problems of older people and called for the benefit, from their experience and competence at a time when their numbers grow year after year, this is reflected in United Nations General Assembly Resolution 47/5 proclaiming 1999 as the International Year of Older Persons, which stipulates five principles for the Government to implement in

its national programs for the care of older persons: independence, participation, care, self-realization and dignity United Nations, 2000.

Research Goals:

The current research aims know the following:

- 1- Extension needs for retirees
- 2- Differences in indicative needs with statistical significance according to the following variables:
 - a. (Gender: Male, Female
 - B. Retired Certificate: (secondary, undergraduate, graduate)
 - C. Job grade: (first-second) (third-four)

Research limits :

Determined search of civilians in the city of Baghdad retirees / Karkh side / during the year 2017.

Conclusions:

1. Civilian retirees suffer from many of the indicative needs.
2. Psychological needs, occupies the first place in terms of the degree of severity, followed by economic needs and health needs, and finally the social needs.
3. Retirees are similar to the needs of the unit according to their academic and financial grades and their kind.

Recommendations:

Based on the above research recommends the following:

1. The development of the people of the social service and psychological counseling in the General Pension Department and the appointment of social workers, graduates of social service and psychological counseling.
2. Granting retirees special privileges in facilities, recreational and tourist services and supporting services in the community.
3. The creation of staff for the stage of early retirement through the preparation of previous programs and plans for retirement in order to receive retirees through which needed to cope with old age and retirement counseling.
4. The establishment of associations and links to take care of retirees and scientific research concerned with the preparation of studies and research on the elderly in general and pensioners in particular centers.
5. The establishment of centers for retirees in a variety of activities and be designed appropriate to their health.
6. Provide employment opportunities for healthy retirees who wish to continue in various areas of work.
7. Continuing communication between retirees and the parties that worked with them to ensure the benefit of their expertise and notice that they are still able to give and produce.

Proposals :

1. Prepare a similar study on the needs of the retired military.
2. Conduct a comparative study between the needs of the civilian and military retirees.
3. Conduct a study on the needs of retirees and their relationship to some variables such as psychological security and self-concept.

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